

## **CLEANING PROTOCOL DURING COVID-19 OUTBREAK**

### **Temporarily removed from public access:**

- magazines
- water cooler (water available upon request)
- kids toys and books
- waiting room chairs (all but 1 to support social distancing)

### **Treatment Rooms**

#### **Staff to wear gloves & use paper towel, gloves changed out between rooms**

Spray and wipe the following surfaces after each client with bleach cleaning solution:

- Bed, including frame
- Sink/taps
- Door knob
- Counter
- Top of file cabinet
- Filing cabinet handles
- Chair arms, chairs are wrapped in plastic and wiped down (plastic is changed daily)
- Stool
- Light switches
- Lamp switch
- therapy equipment (after each use)
- theraband/tubing (single use only)
- plastic covering of pillows (pillows are encased in plastic and covered with towels & plastic covering is changed daily)

- towels are changed after each client as per usual, and washed in a bleach solution

### **Laundry:**

- As per usual protocol, all sheets, towels, gowns and shorts are washed between clients
- All laundry is washed in the sanitization cycle, with bleach used as able

### **Bathroom**

**Staff to wear gloves & use paper towel to clean after use:**

- light switches
- sinks/taps
- flush lever/button
- toilet seat

Cleaning solution is also available for client use

### **General Clinic / Gym**

**Staff to wear gloves & use paper towel to clean after use:**

- debit machine
- chair in waiting room
- PAX unit doors
- gym equipment
- light switches
- all door knobs
- keyboards
- computer mice

- phones
- printers
- front desk surfaces
- front file cabinets
- staplers and hole punch
- washing machine/dryer handles/keypad

**Bleach Cleaning Solution:**

5 capfuls of bleach to 4L water (use kettle to measure water)